

The prerequisites for these three hours shall include human anatomy and physiology and applied anatomy and physiology.

C. Activities 9 hours

If credit is given for courses in fundamental skills of physical education and athletic activities, it is recommended that they may not be counted toward the professional requirement, but can be counted toward the degree.

1. Team sports (for men) 3 hours

To include the learning of the methods of instruction and officiating, necessary for conducting a physical education program of team games, passim; football, basketball, baseball, track, swimming. (The minimum of 3 hours is set low because it is felt that most professional students will elect more work in this field.)

Team sports (for women) 3 hours
Hockey, basketball, baseball, soccer, volley ball, speedball, track, swimming.

2. Recreational Sports 3 hours

To include the methods and organization techniques of sports and games other than those included in C-1. Also adapted sports for the handicapped.

3. Rhythmic and Gymnasium Activities 3 hours

To include teaching of methods and organization techniques necessary for the conduct of a graded program of rhythms throughout the elementary and secondary levels, passim: dramatic rhythms, folk and tap dancing and creative dancing. Gymnasium activities to include teaching of the methods and organization techniques necessary for the conduct of a program of gymnastic activities, passim: free exercises, self-testing (stunts, tumbling, pyramids, apparatus, etc.)

D. Health Instruction, including First Aid and Safety. .
6 hours

The content and methods of instruction necessary for the conduct of such a health program on the elementary and secondary school levels.

E. Elective 3 hours

Selected from Groups A, B, or D.