

Physical Education courses continued:

Freshmen Women

Physical Ed. 1: Hockey, Elementary. Practice for the development of skill and knowledge of the fundamental technique, strokes, fielding, tackling, dodging, etc. Elementary strategy and tactics. Position of the players, general rules of the game and team play. Fall

Physical Ed. 2: Advanced Hockey. Practice of advanced technique and strategy. Umpiring practice and an opportunity to take examinations for National Umpiring Rating. Prerequisites, 1 or equivalent. Fall

Physical Ed. 3: Soccer. This course presents the fundamental technique of kicking, tackling, fielding, heading, etc. of soccer. Strategy and tactics. Position of the players, rules of the game and team play. Fall

Physical Ed. 4: Elementary Tennis. The fundamentals of tennis. The forehand and backhand drives. The service. General court position for singles and doubles. Scoring. General knowledge of the rules and elementary tactics. Fall & Spring.

Physical Education 5: Intermediate Tennis. Fundamentals of tennis with the addition of the volley and the lob. Strategy and tactics of the game. Detailed study of rules and tennis etiquette. Prerequisites, 4 or equivalent. Fall & Spring.

Physical Ed. 6: Advanced Tennis. Advanced technique of tennis, the overhead smash, the chop and half volley. Advanced strategy and tactics. Practice in officiating. Prerequisites, 5 or equivalent. Fall & Spring.

Physical Ed. 7: Elementary Swimming. This course is open to all students who cannot swim 50 feet. It will include the practice of the face and back float. Treading water, breathing, the elementary back, sculling, side and crawl strokes. The elementary standing dive. Deep water emergency tests. Fall.