

Phys. Ed. 8: Intermediate Swimming. A practice and knowledge of the back, side, single over-arm and crawl strokes. Practice on distance swimming. Elementary springboard diving. Prerequisites, 7 or equivalent. Fall & Spring.

Physical Ed. 9: Advanced Swimming. Speed swimming, with the starts and turns. The crawl, trudgeon, back crawl and breast strokes. Springboard diving. Prerequisites, 8 or equivalent. Spring.

Physical Ed. 10: Diving. Working the springboard. Required dives; front or swan, back, front jack knife, and the back jack knife. Advanced fancy dives. Prerequisites, 9 or equivalent. Spring.

Physical Ed. 11: Life Saving. Practice of the American Red Cross Life Saving Test. An opportunity to pass the A.R.C.L.S. test. Emblem awarded for passing of test. Prerequisites, 9 or equivalent. Spring.

Physical Education 12: Individual Gymnastics. An understanding and practice of a prescription of exercises, which are formulated by the instructor after a study of the student's physical examination, for the correction of the physical defects, also, to prevent such further developements. Recommendation of Doctor. Fall & Spring.

Physical Ed. 13: Elementary Basket Ball. This course will include the practice of the technique for passing, catching, basket shooting, foul shooting, the feint, pivot and dribble. Elementary team play and rules of the game. Winter.

Physical Ed. 14: Advanced Basket Ball. Advanced technique and strategy. Team offense and defense. Zone and man to man defense. Team plays. Practice in officiating. An opportunity for taking the examination for National Referee Rating. Prerequisites, 13, or equivalent. Winter Fall.

Physical Ed. 15: Elementary Baseball. The fundamental theory of catching, throwing, batting and baserunning. Position of each player. Elementary