

INTERESTING FACTS ABOUT THE PROFESSION OF
PHYSICAL EDUCATION AND RELATED FIELDS

by

C. O. Jackson

Assistant Professor of Physical Education
University of Illinois

Introduction: In choosing your life's work.

1. Examine yourself.
 - a. Which of your school subjects have you enjoyed the most?
 - b. In what subjects have you accomplished most?
 - c. How is your health? Some professions are more exacting than others; some less healthful.
2. Consider the financial outlay.
 - a. What does it cost to prepare for it?
 - b. How long does it take?
 - c. What is the future in the field?
3. Study the occupations of the world today.
 - a. Many old ones are disappearing.
 - b. Many new ones developing. Which have the best futures?
 - c. Find out about the working conditions of those you are interested in. What are the hazards? Salary? Chances for advancement? Permanency? Contribution to society?
 - d. Learn the qualifications for employment. How do they compare with your own interests and abilities?
4. Discuss your interests and your tentative choice with your teachers and others who are acquainted with your ability and with the professions.^{1/}

Opportunities:

1. Included in Haskin's list ^{2/} of the better careers today, are "Athletic coaches, physical education, playground directors, physio-therapists, and social service workers....."
2. Thirty-six (36) states, representing 90% of the population, have laws requiring the teaching of physical education in the public schools.
3. Thirty-two (32) states, representing 80% of the population, have both laws and state programs.
4. Twenty-five (25) states have state directors who are actively engaged in promoting the field.
5. Leisure for all people is greater today than ever before. Indications point toward even more leisure and suggest great opportunities in the field of recreation.

^{1/} Adapted, in part, from "The Importance of Choosing the Right Career" by Frederick J. Haskin. (Publication No. 93214)

^{2/} From "Promising Careers" by Frederick J. Haskin. (Publication No. 93274)