



To Readers and Program Chairman of Organizations

We Have a Job to Do

We have a job to do. You, and I, and everyone. Our job is this: To make America strong.....

Defense is planes and guns. It is equipping an army to man our military weapons. It is this, and more. It is building the health, the physical fitness, the social well-being of all our people, and doing it the democratic way. Hungry people, under-nourished people, ill people, do not make for strong defense.

This, then, is our job, not all of it, but a vital part: Let us make every American strong, stronger than ever before, sturdier in body, steadier in nerves, surer in living.

Harriet Elliott, Consumer Commissioner,  
National Defense Advisory Commission.



Prepared by Miss Mary G. Fletcher, foods and nutrition specialist of Kansas State College Extension Service, at the request of the Kansas Committee on Human Nutrition in relation to National Defense.

