

COPY

*C Vitamins*

December 19, 1939.

Dr. F. C. Allen,  
Basketball Coach, University of Kansas,  
Lawrence, Kansas.

Dear Dr. Allen:

For some time I have been very much interested in means of building cardiac reserve. [Accumulated evidence in the last few years would indicate that the giving of vitamin B compound, glycine, and dextrose would aid in restoring cardiac reserve when it is lost through various types of disease. For several years now we have employed these methods in our practice and have been impressed with the improvement shown in many of these patients.

It occurred to me that this improvement can be brought about in exhausted hearts from disease, why wouldn't it be possible to improve cardiac reserve in those who are under great physical strain, and with your cooperation I would be very much pleased to try it on some of your players. I would suggest that we start with a few members so that we will have some method of control as to the value of our results.

The following is the method I would like to follow:

One capsule of betulin compound three times daily after meals  
A tablespoon full of dextrin (dextrose sugar made by Burrows & Wellcome) in glass of lemonade ten minutes before game time and between halves.  
A tablespoon full of glycolixer by Squibb (glycine) three times daily.

Please let me know your reaction and if you have any suggestions to add.

Sincerely yours,

(Signed) Don Carlos Peete, M.D.