

## RECREATION INSTITUTE

National Recreation Association  
 135 315 Fourth Avenue  
 New York 10, N.Y.

Books and Pamphlets:

## Parties:

- \*Plans and Programs
- \*Musical Mixers and Square Dance
- Special Days of the Year
- \*Fun for Threesomes (Too many boys or girls)
- \*Let's Plan a Party
- Stunts and Entertainments

Games for Children  
 Games for Quiet Hours and Small Spaces  
 Make Your Own Games  
 Make Your Own Puzzles  
 Mental Games  
 Stunts, Contests, and Relays  
 Action Songs

Recreation Magazine - Contribute \$5.00 per year.

Free: Hints for Hostesses  
 Fun Enroute

Continuation of RECREATION CHART

1. Fundamental Skills - Bowling and skating
2. Carry-over Activities - Home, Church, School, Community
3. Thrill of Success
4. Give them Praise
5. Companionship and Sociability
6. Character and citizenship
7. Community spirit and loyalty
8. Democracy ~~in~~ and sportsmanship
9. Moral and spiritual help
10. Feeling of being needed and belonging
11. Family fun and Co-recreation

Recreation worker works with

1. Physical health
2. Mental health
3. Emotional stability

## Stages of Adolescence

## Girl

1. "I" stage, Selfish stage
2. "WE" stage, Pals
3. "THEY" stage, Ready to cooperate. This is the best stage.
4. "HE" stage

## Boy

1. "ME" stage, selfish stage
2. "WE" stage, gangs
3. "SHE" stage,
4. "THEY" stage