

LEADERSHIP

Leader's Preparation

I Physical Preparation

1. Clothes - Must be comfortable, suitable and modest. Must hold up high standards.
2. Grooming - No gum, sweet breath.
3. Sleep
4. Eat lightly, before strenuous program.
5. Not too violent personal exercise.

II Mental Preparation

1. No conflicts, no worries. (Hang them on a bush)
2. Enthusiasm
3. Cooperation with workers
4. Friendliness with participants, but not emotional or sentimental.
5. Constructive attitude.
6. Self improvement, or vision, or growth.
7. Be builder-uppers.

III Professional Preparation

1. Make a plan and try to make it work.
2. Be flexible.
3. Have emergency material.
4. Read, clip, file and keep a scrapbook.
5. Build a library.
6. Take short courses.
7. Take public speaking, radio, and sociology.
8. College courses.
9. Attend conventions.
10. Visit other centers for ideas.
11. Experiment and create.

ACTIVITIES

1. LABYRINTH

A get-acquainted game. Hold hands and make a spiral. First one starts introducing himself to everyone all the way out with others following. The first two people coming out are couples, next two, etc.

2. HOW-DO-YOU-DO AND GOODBYE

Formation:

Single circle, facing center.
One extra person in the center.

Action:

Extra person walks around the inside. Chord is struck and center person stops, introduces himself to person he is in front of, joins hands, and goes around the inside of the circle talking with partner. On discord, he must say good-bye and walk single file. When next chord is struck, each get a partner. Continue until all are walking.

May use whistle: one to get partner, two to say goodbye.

3. GLOW WORM

MUSIC: Same

Formation:

Double circle, facing counter-clockwise.