WEAVING THE WADMAL

FORMATION:

Two lines, partners facing each other about 6 feet apart. Preferably 6 couples to each set.

1. SPINING:

Action: Head couple steps towards each other, join inside handsfacing foot of set. Take 12 small running steps to foot - face head, join inside hands, and run 12 steps to center of set. Face partner and join right elbows. Hake a 3/4 turn so gentleman is facing the foct of ladies' line and lady faces the head of gentlemen's line. Head gentleman now goes to foct of ladies' line and turns foot lady with left elbows joined, returns to partner in center of set and turns with right elbows joined, back to second lady from foot and turns with left elbows joined, etc.

Meanwhile, the head lady has gone to head of gentlemen's line and turned first gentlemen with left elbows joined and returned to partner with right elbows joined. Continue until all have been turned in place by head couple, alternating left elbow to players in line and right elbow to partner in center.

2. THREADING:

Head couple turns a 3/4 turn in center so they are on their own side - face front and with inside hands joined take 6 running steps to head of set. The head gentleman stays in aisle (formed by players) and the lady runs outside to form arch over gentlemen's line. Run down to foot (gentlemen in line stooping) cross over to ladies' line and with the lady on outside and head gentleman inside form arch over ladies' line (ladies' line stooping). Head gentleman leaves his partner in place and runs backward to his own.

3. WEAVING:

All partners join both hands across. Head couple begins in direction of man. so he walks backward, passing behind second gentleman, across and behind third lady. Continue doing a serpentine down the set until reaching foot and then returning to head in same manner. All couples work at once, weaving up to the head, down to the foot and back into place.

NOTE: Caution all couples to begin with the gentleman going backward when at head and to watch advancing couple and go in opposite direction when at foot. Also to wait at both head and foot.

4. DARNING:

Couples with hands still joined as for weaving. Head couple go under the arms of the second couple, around and over third couple under 4th etc. All couples work at onco, darning up to the head, down to foot and back into own place.

NOTE: All couples go under when at head and watch advancing couple and go opposite when at foot. All couples wait at head and foot.

5. WINDING:

Join right hands with partner and left with person on your partner's right. The foot girl and head man have a free hand. Foot girl stands in place while head man leads players around into spiral (as the spring of a clock.)