

FROM National Recreation Association  
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"One of the functions of the volunteer recreation leader is to help young people turn their energies into the right channels," says Anne Livingston, Training Specialist of the National Recreation Association, who will arrive on \_\_\_\_\_ to conduct a Recreation Leadership Training Institute sponsored jointly by the Association and the local \_\_\_\_\_

"Don't try to 'shush' adolescents at parties or they will make more noise than you ever heard in your life. Remember they are suffering from war jitters too, and their way to relax is to make noise," says Mrs. Livingston. "Give them a chance to gather around the piano, sing the songs they want to sing, or arouse their interest with a challenging game when the first two or three arrive. Then get them into a very active musical mixer accompanied by a popular tune which is played faster and faster until the young folks are breathless and willing to stand still or sit down to a quiet game. They recuperate quickly, however, so a wise leader will have a number of such games available for use at fifteen minute intervals so that the group will never get out of hand but will thoroughly enjoy the party."

Training youth leaders, both professional and volunteer, to lead stamping and clapping games, partner snatching mixers, and musical marching games to the latest hit parade tunes so that the newest adolescent and the soldier to whom games may be a new experience will have "the time of his life," has been Mrs. Livingston's work and play for years. For over seven years she has conducted institutes in which many hundreds of volunteers have been trained. A skilled musician and song leader herself, she has led thousands of young people and servicemen in recreation activities and has supervised many hundreds of volunteers before joining the staff of the