

shooting (archery), foils, football, racing, wild-goose chases, which are the disports of greater men. The ordinary occasions for the pastimes of the common people were Sundays and church festivals, and the numerous country fairs.

Therefore, we find that all athletic contests are a throwback from the game of war. The Huns, under Attila, used war for conquest. The German mind has always held to the theory that they were the supermen, the men to rule the world. The Englishman has followed the theory that every man to be a gentleman should play at least one game well.

After the war of Liberation, Charles Follen and Charles Back, two German refugees, came to America and settled in Boston. They taught Latin and Greek at Harvard University and founded the first schools of the Germanic type of physical education in our country. They organized the Turnverein, where, at these gymnastic societies, the building of strong bodies was emphasized. Charles Follen later moved to Philadelphia where he organized Girard College.

The German influence on American physical education was very pronounced in the early beginning of education in our country. School gymnasias were fitted with apparatus and the imitation type of the Germanic theory was initiated. Follow the leader became the procedure for our schools in physical education.

However, the English type of physical education through sports and games began to replace the Germanic system in the middle of the Eighteenth century. America turned to sports and games through the English influence and instead of developing a strong body for war-like activities, America's psychology was to develop sports and games on the theory that the game is the thing. The German student proudly exhibited a ^{saca}scar on his face as his trophy