

- Hoover Well, Irene, there are five types of Play Days. First, the college play day between colleges located within a radius providing ease of transportation. Then, there is the play day sponsored by a university athletic group or physical education department for high schools. Our play day here comes under this plan. Third, there is the play day at which several high schools participate, playing on a rotary basis at different high schools each play day. Also, play days are sponsored by high schools for 8th grade girls; and fifth, there are grade school county play days, and industrial play days. The fundamental principle of any play day is "playing with rather than against the girls from other schools."
- Bell Miss Hoover, it seems to me that these play days give every girl in high school a wonderful opportunity to play with girls from other schools without unnecessary strain or intensive training. The boys, of course, have their football and basketball teams, and play against teams of other high schools.
- Hoover Yes, Virginia, the play days have grown from the need of the great group of girls for play. Inter-school competition offered an opportunity for only a small percentage of specialized players whose skills were developed by hours and hours of practice and training. The foundation principle for the play day idea is found in the platform of the National Amateur Athletic Federation and resolutions drawn up in 1923. That platform states the women's division "believes in spirit of play for its own sake, and works for the promotion of physical activity for the largest possible proportion of persons in any group in forms suitable to individual needs and capacities, under leadership and environmental conditions that foster health, physical efficiency, and the development of good citizenship."
- Bell Irene, how many girls are you expecting for our Play Day this year?
- McAdoo Last year there were between 140 and 150 girls here, and I think we will have about the same number this year. You know we limit the number from each high school to ten girls, but if a school requests that they bring more girls we usually give them permission.
- Hoover Yes, and many K. U. graduates who are teaching in vicinities other than the section allotted to the University of Kansas often ask to bring their girls to our play day. Ruth Pyle, of Shawnee Mission High School, Catharine Dunkel, of Coffeyville, and Ruth Baker, of Salina, have asked to bring their girls.
- Bell Irene, I think it would be interesting if you would tell us some of the activities planned for the Play Day.
- McAdoo Well, the girls are divided into color teams, each team consisting of 10 or 12 girls. The girls are not playing as a school team, but as a color team, carrying out the idea which Miss Hoover mentioned - "playing with rather than against the girls from other schools." Then a K.U. girl, a member of W.A.A., is captain of each color team, and at each game a K.U. girl officiates. The game schedules vary from year to year, but usually include baseball, volleyball, deck tennis, and the challenge hour is thrown open to darts, stunts, free throws, jacks, tether ball, tennis, horseshoes, badminton, hopscotch, and so forth.
- Hoover Folk dancing has been added to the program for the last 4 years, and it