

PHYSICAL EDUCATION FOR HEALTH
RADIO SERIES

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"THE PROGRAM OF PHYSICAL EDUCATION FROM THE VIEWPOINT OF
THE HIGH SCHOOL STUDENT"

(Dr. V. W. Lapp and Mr. L. R. Perry)

Lapp Last week in our discussion of physical education for health Mr. Perry presented some facts from scientific evidence to show that physical education could change the shape of a person's chest who was of the tuberculosis type and thus cut down the individual's chances of acquiring tuberculosis.

Perry Also Mr. Lapp pointed out that pupils in high school who take part in daily physical education classes seem to have less influenza than those who do not take part in such classes, because they were absent from school fewer days during a period of time when influenza was very prevalent in the Kansas City, Missouri, schools.

Lapp Tonight we wish to present some information on the physical education program that has not been pronounced from the so-called authorities in this field. In fact, the information to be discussed comes directly from the pupils. These students, after being exposed to the daily routine as it is taught in many of our schools, undoubtedly are in position to give information directly to us that the experts sitting in their offices may suspect, but are unable to back up with much real evidence. In the conduct of an interview study into a certain program of physical education, the boys told the investigator many interesting things. First, they said that they, the little boys, did not like to compete against boys so much larger than they were. "Give us a chance against boys our own size." To me that seemed fair enough. Dad, how do you meet this criticism in your school?

Perry In our present arrangement at Lawrence Junior High School we have the classes set up by grades - that is, there are 7th grade classes, 8th grade classes, and 9th grade classes. Within each class there will be some division into groups of about the same development or ability. In Senior High School the situation is not so good. This year it seems the schedule called for a mixing of all grades in gymnasium classes. That is, there may be freshmen, sophomores, juniors and seniors all in the same class. However, within the class some attempt is made to adapt the instruction to the different levels of ability. Especially after an activity is well introduced those who can progress at a faster rate are given a chance to do so. In our intramural program an attempt is made to use Dr. McCloy's classification index to group boys according to their age, height and weight. This gives the teams the same potential power. After such a rating in our playground ball this fall at the Senior High School all teams won some games, which seems to indicate a fair distribution of talent. In our next sport, which will be basketball, an "A" team and a "B" team schedule will be followed. There will be two leagues. The "A" teams will be the more advanced, or better players, while the "B" teams will be these not so far advanced in basketball skills.