

PHYSICAL EDUCATION FOR HEALTH
RADIO PROGRAM

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"Girl Scouts"

(Miss Ruth Hoover and Mrs. L. E. Bice)

Hoover Just why do we have an organization like the Girl Scouts, and is it intended to include all girls?

Bice One of the chief aims of Girl Scouting is to provide wholesome recreation for the leisure time of girls. It can easily be reasoned, therefore, that girls who have no leisure time do not fit into the program. Girl Scouting recognizes, however, that the modern girl has much more leisure time than her forbears and many more opportunities for spending it in ways not so wholesome.

Hoover What sort of a program does Girl Scouting offer?

Bice It offers a program which is presented as a game; which girls play with others their own age, in pleasant surroundings and under guidance of a leader whose one essential quality is a sense of comradeship with youth. Girl Scouts are assisted through a varied program to find out in what direction their individual talents lie and to develop those talents to the best of their ability. The ten program fields suggest activities in which she may specialize. Girl Scouting believes that happiness is not separable from health, it stresses always the necessity for sunshine and fresh air, plenty of sleep and recreation in congenial company.

Hoover How do the girls enter into this program and what sort of activities do they have?

Bice The activities of the Girl Scouts are divided into ten program fields. They are as follows: out-of-door, homemaking, international friendship, arts-crafts, community life, sports-games, nature, health-safety, literature-dramatics, and music-dancing. The girl's interest in these is aroused by intelligent leadership, by the spirit of cooperation between members of a troop and by friendly cooperation between troops. Progress in individual activities is encouraged by a system of proficiency badges covering 50 odd subjects, of which one-fourth are directly related to work in the home. Fifty-seven per cent of the badges which Girl Scouts selected voluntarily last year were homemaking badges. To advance in Scouting girls must know how to cook simple dishes, set a table correctly, make beds neatly, do plain sewing, take care of a baby, and bandage a cut. Where these tasks are often chores to most girls, they are made fun or a kind of adventure through the Girl Scout method.

Hoover Are all Girl Scouts of the same rank?

Bice No. A girl enters a troop as a tenderfoot. This means she has passed the following requirements. She must be ten years old or over, and have attended at least four meetings. She must know the Girl Scout Promise, Laws, Motto, sign and salute; be able to give the pledge of allegiance to the flag and show how the flag is used. To advance and become a second class scout, she must participate satisfactorily in ten activities, one chosen from each of the ten program fields. In each field a choice of three or more activities is offered. Before a Girl Scout attains first class rank she should: I. Choose one program field in which she wishes