

your fellow man or of making him understand you by telepathy. Human intercourse is always based on concrete patterns of behavior. The sense of adequacy of life, one's insight into humanity, one's sense of adequate adjustment to and integration with the social group of which one is a part, depends absolutely upon the smooth and efficient control which one has over his physical expression media. These media are, in part, oral speech and writing, in other part, gesture and primitive sounds, and in other part, the more obvious types of activity such as we find in connection with plays and games. They mimic life. I know of no more effective device by means of which boys and girls may become satisfactorily adjusted to their fellow men than by play participation. They find out what the other fellow can do and will do. They discover their own capacities and limitations, and they emerge from these contests with a sense of elation, a sense of adequacy of life, a sense of worthwhileness of effort, a sense of psychic poise which can be secured in no other way. For that reason I answer your question in the affirmative. I believe that it is here that one of the most important arguments for physical education is to be found.

Allen

I thank you, Dean Schwegler, for your kindly participation.

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