

Chancellor

Malott -

Log Exercises Baby of Replogle's

There's a story behind the Navy log exercises which the PT classes have been sampling. Log exercises themselves have a history dating back to when men were men and the women loved it. The Canadians are the alleged founders of "log rythmns," You may recollect seeing photographs or news reels of Canadian mass exercises with logs.

Log exercises are a pet of Chief Wayne Replogle. It is his "baby" as far as Wabash or the entire Navy athletic program is concerned. Chief has been working with logs continuously throughout his brilliant athletic career. Most all coaches alter their interests in physical training from big time intercollegiate competition to the individual development of young men through mass exercises and intramural competition. "Rep" is no exception to this rule, and he has babied the idea of log exercises for some time.

Log exercises are not in the Navy curriculum; not yet anyway. Chief Replogle has drafted the entire sequence of log drills and has been experimenting with them here at Wabash.

The basic principle is to bring out coordination and cooperation into perfect percision. The movements are responses of military commands, tthus precision is derived.

In a few weeks, after concentrated drill with logs, the proceedure is to be photographed. The photos, with the draft of sequence will be sent to Chicago, then on to Washington for further review. If the Navy Physical Training Department adopts log exercises into their PT curriculum, Chief Replogle will indeed have a feather in his hat.

