- 2. Face to Men face log at attention.
- 3. Face away Men face away from log at attention.
- C. Straddle standing men straddle log, feet 24" apart.
 - 1. File men at attention in file facing front.
 - 2. Right face men swing to right on balls of feet and arms at side men lunge forward on right leg.
 - 3. Left face men swing to left on balls of feet arms at side men lunge forward on left leg.
- D. Wind standing.

Man #1 face log from front.

Man #2 left standing facing log

Man #3 right standing facing log

Man #4 face log from aft.

NOTE: Each man will reach the position in a different count - all should arrive on the same count, e.g. from left standing.

NOTE: All men arrive at wind standing position on the count of #5.

1. Left foot 1 pace forward.

- 2. Right foot 1 pace forward, and to right front of log.
- 3. Left foot close.
- 4. About face, one
- 5. Two.
 - (a) 2 counts right face.
 - (b) 4 counts steps over log with left foot right foot closes about face.
 - (c) 3 counts -

Left foot backward 1 step Right foot back and over behind log.

Left foot closes.

Note: In the case of right standing, the foot movements reverse.

To return to left or right standing position, the movement is repeated in reverse.

When returning all men arrive back to Right or Left, standing on count #5.

E. Sitting.

- 1. Straddle sitting men straddle log sit facing frontarms on the log - on the hips - folded on the shoulders neck on the man ahead as to the command.
- 2. Right sitting from right standing position men sit on log facing front or away according to command.
- 3. Left sitting from left standing position men sit on leg facing front or away according to command.

F. Lying.

1. From straddle sitting men come to lying position and log facing front. - legs extended, outward arms on deck or folded as commanded.