

themselves under controlled conditions. Physical education is neither an art nor a science. When the history of human stupidity is written in the future, one of the most damaging chapters will be on physical exercise sponsored, supported, and sold by the teachers of physical education. In spite of its kinship with biology, anatomy, physiology, psychology, and bio-chemistry, physical education has fallen in love with education and married her without courtship. Education is an art, not a science. It deals with the development of skills in the individual persons. Each person is unique and reveals equally unique results. If the physical educators wish to become artists there is no objection. Art is just as indispensable in life as science. But in terms of the trends seen in the activities of the physical educators their purpose is not only to benefit the individual performer physically but to influence, to modify, entertain, stimulate, and instruct the public. Here is an opportunity to exercise control over society. Attempts to control have already been evidenced. Witness the range of recreational activities in the so-called character building organizations, schools of all gradations, training centers for the professional and non-professional adults, church gymnasiums, and municipal recreation parks. These agencies operate for the realization of certain social ends; the training of the individual in skills is merely a means for the protection of the individual against himself and the public. Even the state and the Federal governments have gone into the field of recreation, health, and play activities wholeheartedly. Their expenditures are not necessarily random. The person is not left to his own resources nor are the individualistic goals accentuated. The aims to be realized are essentially social.