Versity Basketball Coach, Cornell University, Ithaca, N. T.

Dear Bos

Please write me and let me know how you got along with your basketball. I saw the results in the paper occasionally in which Cornell seemed to be in the front, but I would like to know what you thought of the instruction received at lake Okoboji and the help you got from the book.

With every good wish, I am

Very sincerely yours,

FCALAH

Director of Physical Education. Varsity Basketball Coach. Dr. F. C. Allen,
Head Coach, Basketball,
University of Kansas.
Lawrence, Kansas.

Dear Dr. Allen:

From reliable authority I have learned that its second contents.

2609 WALNUT STREET, KANSAS CITY, MISSOURI

February 19, 1938

From reliable authority I have learned that you are one of the foremost exponents in the United States on the subject of the immediate treatment and subsequent care of athletic injuries; therefore, I know that you realize the importance of the use of heat in treating the many sprains, muscular strains and bruises your players incur.

The singular performance of your basketball quintets for the major part of the last two decades is conclusive proof that you have devoted much of your time to the study of caring for their injuries. It is only sensible to believe that you feel a player, given immediate and proper attention for his bruises, aching muscles and sensitive joints, is the sooner playing at his full capacity again. For the same reason, it is self-evident that you are open, not to new, untried methods of treatment, but to new, proven methods. So, may I take this opportunity to place before you heat therapy treatment as practiced in the Richardson Heat Therapy Cabinet of the reclining type?

This cabinet embodies all the beneficial qualities of heat lamps; the therapeutic bulbs emit yellow, red and infra-red rays which stimulate the sensory and motor nerves and penetrate into the deeper tissues; the heating element produces a moist heat, thus setting up the proper functioning of the sweat glands. Its use for simple sweat baths to flush toxic poisons through the pores, which handle 30% of the body's elimination, and intensify blood circulation in the body to increase circulation in congested areas, is enough to merit some note for its use in training rooms. General application of heat and gentle massage of a congested area are far superior to local application of heat and strenuous rubdown, for the latter often bruises muscle tissue to a greater extent than prior to the rubdown.

Perhaps you have seen the sweat cabinet in use in Nebraska University's football training room? The Richardson cabinet is of much the same type, but by reason of its recently improved design, far excels the one in use there, both in performance and appearance; further, our cabinet is simpler to operate and more complete in its function. The significant point is that this treatment is worthy of use for the static conditioning of athletes. The use of this cabinet in the training rooms of Kansas University, would mark its athletic department as a forward-looking body, with particular reference to the conditioning of men for the athletic field.

Only the most noteworthy and proven materials are used in the manufacture of this cabinet:

Westinghouse Lifetime Micarta Board, exterior Armco, 8-18 Stainless Steel, interior Chromalox custom-built heating elements Munder Therapeutic bulbs

GWY:LD





THIS SIDE OF CARD IS FOR ADDRESS

Ransas University Laurence, Kanson

am umpring School & Independ ent ball hered See I you can get me on Bug Sigh Set of Officials in OF orthall 41 Basbathall and assigned to some gomes Referred in national + Rno Football he agues Regards to all See where Bunn went great this war Brammel is at ples amer Bassn ostramer Red Roche mills atheletic Stadium 4660 West Bake DEPARTMENT OF PHYSICAL EDUCATION

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Dr. Forrest Allen

Kansas University

Lawrence, Kansas

Dear Sir:

I did as you suggested, wrote the article, sent it to Scholastic Coach and they accepted it. I am to receive fifteen dollars for the article. Thank you for the suggestion.

R. Hamblin of Windsor, Missouri, is one of the outstanding basketball players in this section of the state. He is one of a very few that I would say is of university caliber. He is about six feet in height, speedy, shifty, a clever ball handler, and has an excellent eye for the basket.

I have watched this boy play for the past three years and would like to see him continue his education as he is anxious to go to school.

He came over yesterday and asked if I could help him find a job at some school to help pay his way through. I told him to write you because I understand that you are . not to write a boy unless he has inquired about work.

Yours truly

GER: PH

George E. Ramsey

Professor F. A. Russell, School of Engineering, University of Kansas,

Dear Professor Russell:

I want you to know that I called Mr. Roy Hegeman, and was very much pleased with the reaction he had toward the grading of our field.

I phoned him with much misgiving, because I felt like we could perhaps get more out of the city than out of the township. But so far I am feeling very happy about the matter, and I will see him some time this week and go over the situation with him.

Thank you so much for your good worke Doubtless you did much.

Very cordially yours,

FCA:AH

Director of Physical Education, Varsity Basketball Coach. Reserve Officers Training Corps, University of Kenses.

Deer Friends:

Thank you for the kind invitation to attend the Awards Ceremonial Parade and Barbacue on Wednesday, May 18, at the Stadium. If at all possible, I shall be glad to attend the barbacue in the evening.

Sincerely yours,

Director of Physical Education, Varsity Baskethall Coach,

UNIVERSITY OF KANSAS DIVISION OF MILITARY SCIENCE AND TACTICS

LAWRENCE, KANSAS

The Reserve Officers Training Corps of the University of Kansas

requests the pleasure of the company of

at their Awards Ceremonial Parade and Barbecue
on WEDNESDAY, the EIGHTEENTH of MAY
nineteen hundred and thirty-eight
to be held in the Stadium,
University of Kansas

Parade at 4:30 p.m. o'clock

Barbecue at 6:00 p.m. o'clock

Reply requested

Mr. C. S. Robinson,
Asst. to Superintendent of Schools,
Library Building,
Ransas City, Missouri.

Dear C. S.:

We have been off on vacation for two weeks, which accounts for our failure to answer your letter more promptly. We have just opened up the office this morning for correspondence, and I am hastening a letter to you at the earliest possible moment.

My definite opinion is that Gerald would be eligible for athletics beginning in September if he should transfer to a teachers college. One of my other boys, Nelson Sullivan, is doing that thing. He is going to Warrensburg, Missouri. I think that this would be a fine thing for Gerald, as I am very sure that Gerald would make the team down there and it would build a lot of confidence in him that would be helpful to him in later life.

I have been especially fond of Gerald, but it seems that when he got into the rough going he lacked the confidence to punch through. I used him in practice to demonstrate the correct way of shooting and he did a great job of it, but when competition got too tough he seemed to be so conscientious about his work that he pressed and this made him quite nervous.

If there is anything that I can do for Gerald or for you in any way, I assure you it will be a pleasure. With kindest personal regards to your good family, and assuring you it was a pleasure to cooperate with you in your many kindnesses. I am

Very sincerely yours,

Director of Physical Education, Versity Besketball Coach.

FCA:AH

Public Schools, Kansus Tity, Missouri

LIBRARY BUILDING
NINTH AND LOCUST STREETS
GEORGE MELCHER, SUPERINTENDENT

C. S. ROBINSON
ASSISTANT TO SUPERINTENDENT

August 22, 1938

Dr. Forrest C. Allen
Director of Physical Education
University of Kansas
Lawrence, Kansas

Dear Doc:

As you probably know Gerald withdrew from the University of Kansas at the beginning of the second semester of last year, and returned home in order that we might pay some hospital bills. He missed about two weeks during the month of October during which time he gave me two blood transfusions. At the end of the semester Professor Middleton gave him a grade of "F" with a note saying that "you never seemed to catch up after your absence in the fall." Possibly it is a student's place to go the entire time and to do all the catching up, but I am of the opinion that teachers are paid to do some work also. However, I am not writing this letter to find fault with Middleton.

During the second semester of the last year Gerald entered Junior College of this city and did about sixteen hours of work as a special student. Our Junior College has no competitive athletics. At the present time Gerald is not interested in returning to the University of Kansas or any other Big Six school. He is interested, however, in entering a teachers college. Will you please express your opinion whether he would be eligible for athletics beginning in September if he should transfer to a teachers college. Your opinion will be held strictly confidential if you care to have it so. I assure you that Gerald and I both appreciate the many "assists" that you have given us.

Best regards.

Respectfully,

C. S. Robinson

CSR:MS

Mr. C. A. Russell, 2210 S. Verdugo St., Burbenk, California.

Dear Mr. Russell:

Thank you very much for your note concerning the qualifications of Frank Yaussi to teach archery.

We expect to use Frank in showing our instructors how to teach archery, and I am sure he will be fine in arousing enthusiasm among our students.

It was a pleasure to have your letter.

Very sincerely yours,

Mirector of Physical Education, Varsity Basketball Coach.

.. SPORTLAND.:

"Be Wise Exercise"

C. A. RUSSELL
2210 South Verdugo Street
Burbank, Calif.
Phone 0539 W.

Aug 26 -38.

Caxuneel.

De Farent? allen Hansan University Hanna. as Frank Yawasi's emplayer I am writing this letter To nerify his having warhed for me ao archery metrueta for the part Live summers. I aannot recomend Frank the hegily as he is not only the heat worken I have had hut handles people very weel and has a very good understanding of archery and its fundlamentele.

I feel seure he well

do a fine job in This work.

Very truly yours