

Theory & Practice of Ath. Injuries.

- I. Give routine treatment of sprain (synovitis) from initial moment of injury until athlete is able to practice or play again. This applies to active and passive manipulation. This should include taping and bandaging, etc.
- II. Give your theory of taping. Your discussion should include theory of support or adjacent parts, consideration of circulation, locomotion and protection together with possible aid in getting athlete back into the game in the earliest possible time.
- III. A. Describe -- sacro-iliac sprains - two kinds - how detected, and give treatment for each.
B. Name the three kinds of articulations.
- IV. Describe:
A. Stimulation
B. Inhibition
C. Predisposing cause
D. Exciting cause
E. Peristalsis
- V. A. Name regions and give number of vertebrae in an adult column; describe a typical vertebra.
B. Name regions and give number of spinal nerves; describe a spinal nerve.
C. Name the 12 pairs of cranial nerves in their order.
D. Describe to the best of your ability the autonomic nervous system; its hook-up with the spinal nerves.
E. Name the four accepted stimuli; if there is another, name it.