

2nd week

Students should have equipment & baskets

1st session

1. Organize into Permanent Groups
 - A. Beginning swimmers (not over 36)
 - B. Not to exceed 3 groups with ~~40~~ 40-
Group, & designate places for
meeting ~~the~~ both indoors and
outdoors.
 - C. Have each group go to
designated spot for tactics &
Calisthenics. (Brief.) Also Arrange
in squads of 10 with leaders.
 - D. Play short game Crowe & Crane.

2nd Session

~~Group 1 — a. Roll call (by squads)
b. Setting up exercises & Marching 15 min.
c. Football relays — 15 min.
d. (1) Shuttle — Handing ball
(2) " " Passing "~~

~~Group 2. — a. Warming up exercises — 10 min
b. Explaining game & select teams — 5 "
c. Play Touch football — 15 min~~

~~Group 3 — Work on Obstacle Course — 25 min
Take 5 min — Cross Country.
Run.~~

3rd Session —

~~Change groups activities~~