fitness alreach achieved and adding to it. In addition, it is designed to teach skills, knowledges and techniques in the sports and activities in which the student is interested so that those activities may be pursued after the student is no longer in the University.

Intramurals

All men will be urged, in addition to the three hours of physical education in the required program, to participate in at least two hours per week of intramural athletics.

2. General Aims

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to develop and maintain an a high state of physical efficiency
the men of the University, and at the same time to provide the
opportunity for the development of a physically, mentally and
socially integrated individual through vigorous physical activities.
Specific objectives.

- 1. To teach men to swim acceptably well.
- 2. To toughen and harden men physically so that they will be able to make a greater contribution to the war effort.
- 3. To develop recreational skills and knowledges which will have a "carry over" value after college and also in time of peace.
- 4. Through the concomitant learnings attendant upon the physical education experiences to develop the individual's character and personality traits.
- 5. Development of safety knowledges and techniques on land and water.