

February 11, 1943

Mr. Don Smith,
1520 West 17th St.,
Topeka, Kansas.

Dear Don:

I have your letter of recent date regarding your sprained ankle. There is nothing that I know of better for a sprained ankle than the heel and toe exercise, placing your hands on hips, raising on the toes and then back to normal, then raising on heel and toe. Do that a hundred times morning and night, and I am very sure you will be able to strengthen your ankles.

Yes, I remember Dick Pierce very well. He and Don are fine people.

With all good wishes to you, I am

Sincerely yours,

Director of Physical Education,
Varsity Basketball Coach.

FCA:AH