

school days are the same ones that become of benefit in later life. Besides the benefits that one accrues from following health rules there is also the desire to learn more about our body. Our curiosity is aroused when we are being worked on by the coach or trainer and we desire to know more about our physical makeup. In other words it might be said that we become body conscious.

You might easily ask "How does basketball cause one to obtain better grades?" In the first place before any team member is eligible to participate he must have average grades. Some athletes if they didn't have some incentive to study would never manage to get through high school. In order to secure these grades the individuals must budget their time to allow them to practice basketball and also to study. The story is told of Barry wood, great Harvard all-around athlete who when asked by his coach to report for a skull practice that evening replied that he was sorry, but he had planned to study that evening. It was said that he had a budget which allowed him time to participate in three major sports, and also to give him ranking at the top of the scholastic ladder.

It frequently occurs that an athlete is not particularly interested in scholastic work but does it because he desires to be eligible for athletics. Then after graduating from high school he manages to go to college where he actually "finds himself" and desires to study, not principally because of his eligibility, but because of his desire to improve himself. Many athletes that formerly were shoved through high school and college now find their vocation in coaching which has been wide-