

BUGBY

(A GAME OF GAMES)

Bugby combines the fun and rules of several games, as Soccer, Football, Basketball, Rugby and Speed-ball.

It is a game in which all players participate. Everyone has an opportunity to touch the ball, throw it, kick it, run with it, or pass it.

It is an excellent body conditioner and a game where there are few casualties. The rules are known by all and are easily interpreted. It is a builder of physical stamina. It develops timing, quick perception, muscular and mental coordination.

Body balance is also an important factor. There is considerable muscular development of the legs and also development of the arms, chest and trunk.

Physiologically there is increased development of the heart lungs and nervous mechanisms, depending upon the amount of activity.

Bugby aids in alertness, instant decisions and quick judgment. In addition Bugby adds the following.

1. Development of leadership.
2. Physical stamina.
3. The will to win in the face of odds.
4. Split decisions.
5. Ability to judge distance.
6. Team play, which is necessary in the fleet.

Bugby can be played on a Soccer field or Football field. The size of the field can be reduced depending upon the facilities at your disposal.

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