# *Sammy Grashio* VICTORY COURSE • GONZAGA UNIVERSITY

★ ★ ★ SPOKANE, WASHINGTON ★ ★ ★

TOTAL LENGTH OF COURSE
470 YDS.
CEDAR LOG CONSTRUCTION

1 SANDBAGS

2 HURDLE

3 BEAR TRAP

4 CARGO NET

5 CHECKER BOARD

6 UNDER-THRU-'ER-OVER

7 WALL SCALE

8 LOG HAND-OVER-HAND

9 UNDER-OVER

10 FENCE CLIMB

11 ROPE SWING

12 BELLY BUSTER

13 HITLER - TOJO

14 TREE CLIMB & CROSS OVER

15 12 FT. LADDER JUMP

16 STRADDLE RUN

17 ZIG - ZAG BALANCE

18 HAND-OVER-HAND LADDER

19 TRENCH JUMP

20 DOWN HILL RUN

21 KILLER DILLER

22 STRIDE BREAKER

23 TANK TRAP

24 PARALLEL BARS

25 BARRICADE JUMP

26 DODGE 'EM

27 CHICKEN COOP

28 SAND DUNE FINISH

"EARLY BIRDS"

Dr. Allen,

Glenn

~~Athletic Director~~
University of Kansas
Lawrence, Kansas