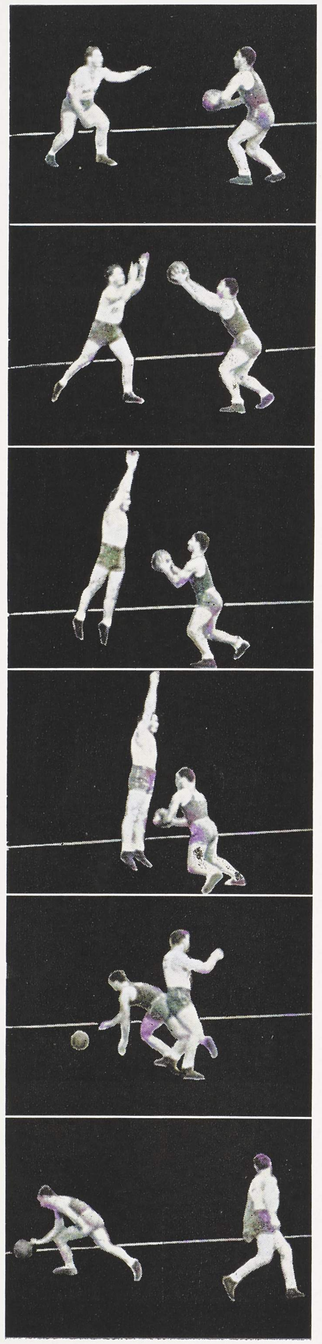
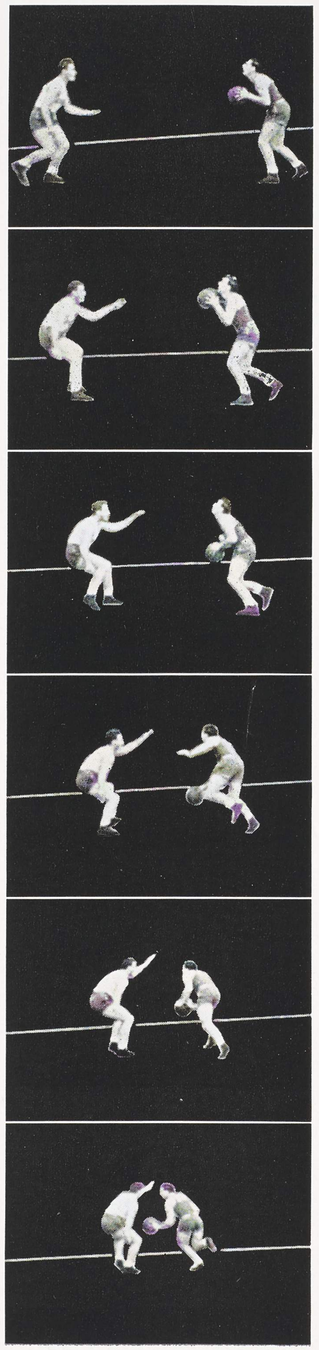
Meeting the Fake Shot and Dribble

The Wrong Way (Left) — The Right Way (Right)





The guard (in the white shirt) approaches the man with the ball who—

The guard (in the white shirt) approaches the man with the ball who—

—fakes a shot. The guard attempts to block the shot by throwing up his arms and—

—fakes a shot. The guard attempts to block the shot by throwing up an arm, but—

—jumping into the air. The man with the ball, taking advantage of the guard's mistake,—

—he refuses to be drawn into the air. The offensive player withdraws the ball and—

—starts a dribble.

—attempts to dribble around the guard, whose upraised arm is an effective barrier against a shot. The guard, keeping his knees bent and his hips down to give him balance, side-shifts and—

Before the guard can alight and recover his balance, the man with the ball has dribbled past him and—

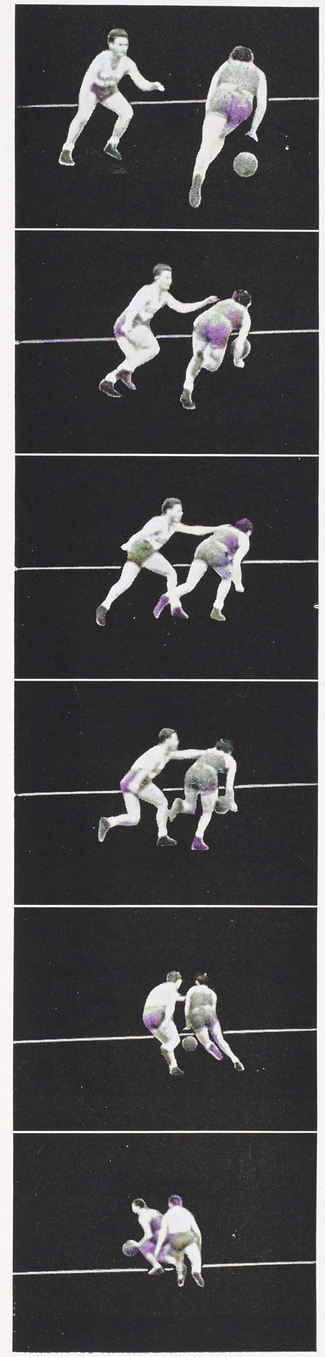
—retains his position between the dribbler and the basket—

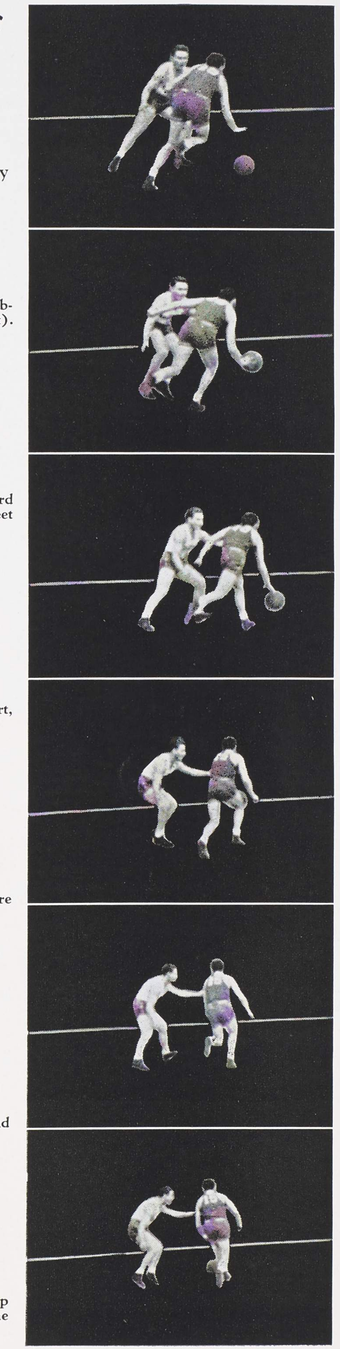
—is far down the floor.

—until the offensive player is forced to pick up the ball or is driven to the side line.

Playing the Dribbler

The Wrong Way (Left) — The Right Way (Right)





The man with the ball attempts to dribble past the guard (in the white shirt).

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The guard moves to cut off the dribbler—

Instead of crossing his legs, the guard starts his side-shift, keeping his feet well spread and close to the floor.

—crossing his right leg over his left as he does so,—

The guard moves sidewards, with short, quick, gliding steps—

—which allows the dribbler to gain an advantage on the guard.

—maintaining a position four-square with the dribbler and—

The guard, who has crossed his legs and thereby placed himself in a weak defensive position, watches the man with the ball dribble around him and—

—keeping between the dribbler and the basket,—

in toward the basket.

—thus forcing the dribbler to pick up the ball or carry it well out toward the side line.

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