

Either individually or in groups I try to correct their faults. Have patience and love till the boys many times the trouble they have. Teach them the different shots, English, under hand loop shot, the fault shot, Chest shot etc. jumps, loop pass, stopping dribbling etc. I used the game of 100's last year. You know me at, and Crow & Crane which added interest.

I try to have easy competition for conditioning my boys.

I try to be as rigid as possible and choose from squad those who try to do as they please when it comes to certain things as doing their exercises. I have the boys do certain exercise before coming on the court.