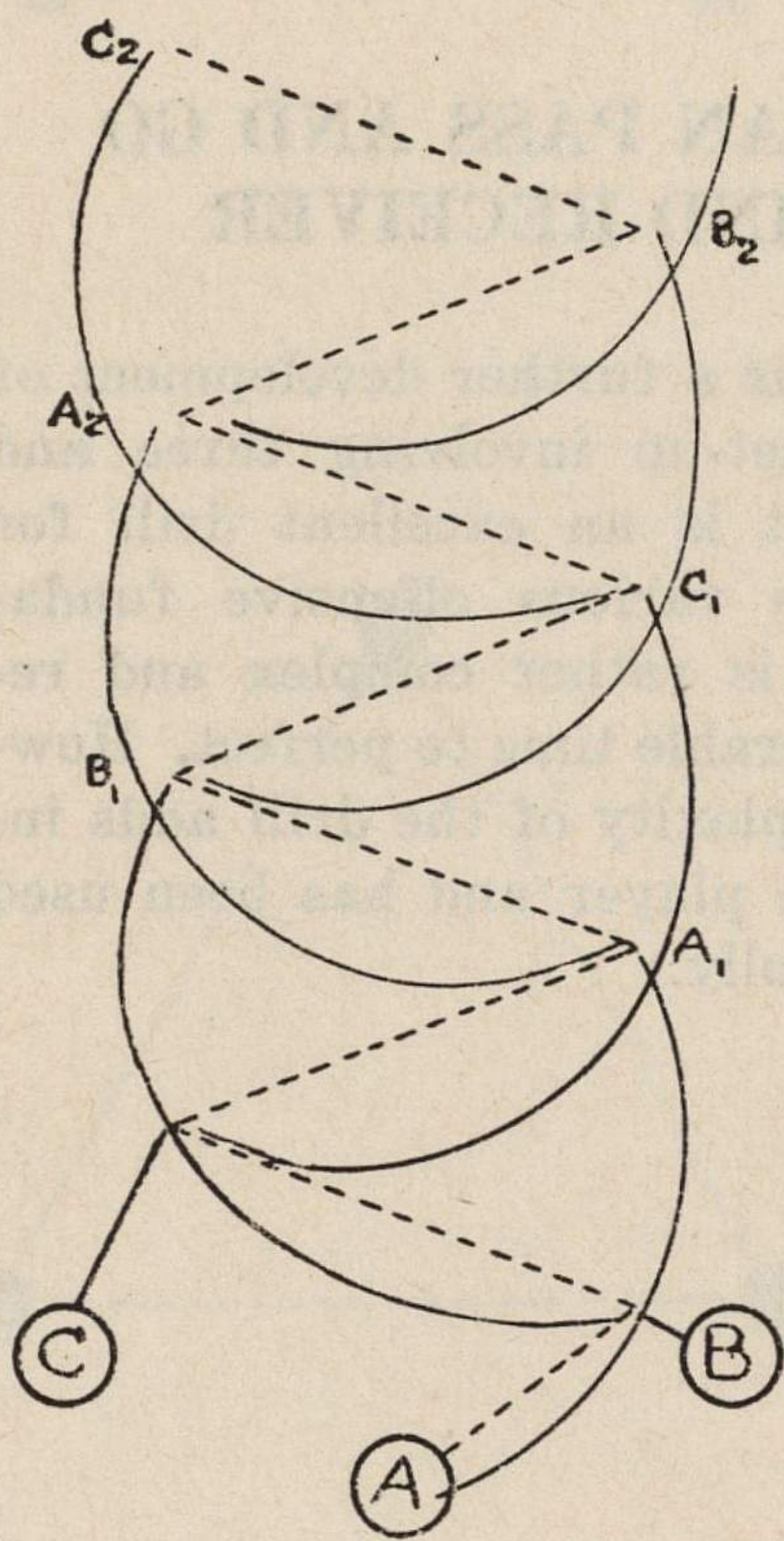


PASSING DRILLS

The following passing drills are designed to cover the various types of passes. Many of the drills are rudimentary but may be utilized as a variation to maintain interest. The coach should make use of the stationary drills in early season practice to perfect the handling of the pass and then gradually add the use of drills while moving to perfect passing and receiving execution. Special stress should be placed on the pass most commonly used by each team. While many coaches do not advocate a team pass, they have a type of pass that their players use more than the other types.

Proper passing and the ability to use a number of types of passes well is very important. A large portion of the practice period is spent or should be spent on this fundamental. Eighteen drills or formations are listed. All of them may be used for practice purposes. Some are more suitable for one type of passes than others. Study the reactions of the squad to certain drills and use the most interesting ones if they are satisfactory.



THREE-MAN PASS AND GO BEHIND RECEIVER

This drill is for use as a conditioner and for practice in handling passes when cutting for the ball. Some value is received from the rapid stopping and changes of direction when cutting behind the receiver. Care must be taken that the players do not neglect the proper execution of the fundamentals involved in their desire to execute the drill at too great a speed.

The drill is best set up under one basket with the three men carrying the ball as outlined to the opposite basket where a short shot is made. The positions are resumed and the ball returned to the starting end of the floor where another basket is made. The next group of three continue with the same set-up.