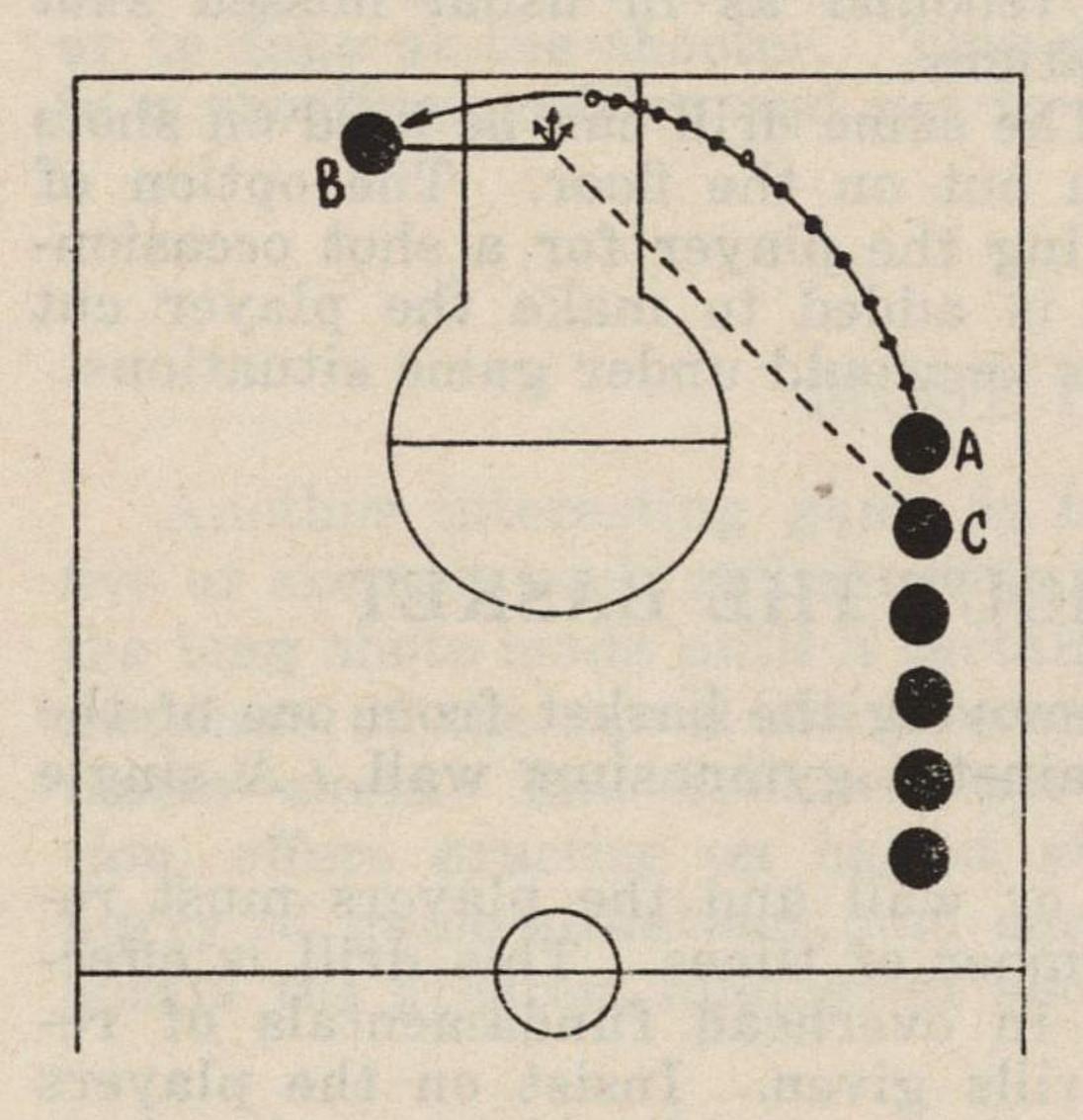


OVERHEAD PASSING AND REBOUND DRILL WITH SHORT SHOT

A passes a high overhead pass to B who catches the ball in the air and passes the same type of pass to C who passes a high feed pass to A under the basket. B and C rebound until the basket is made.

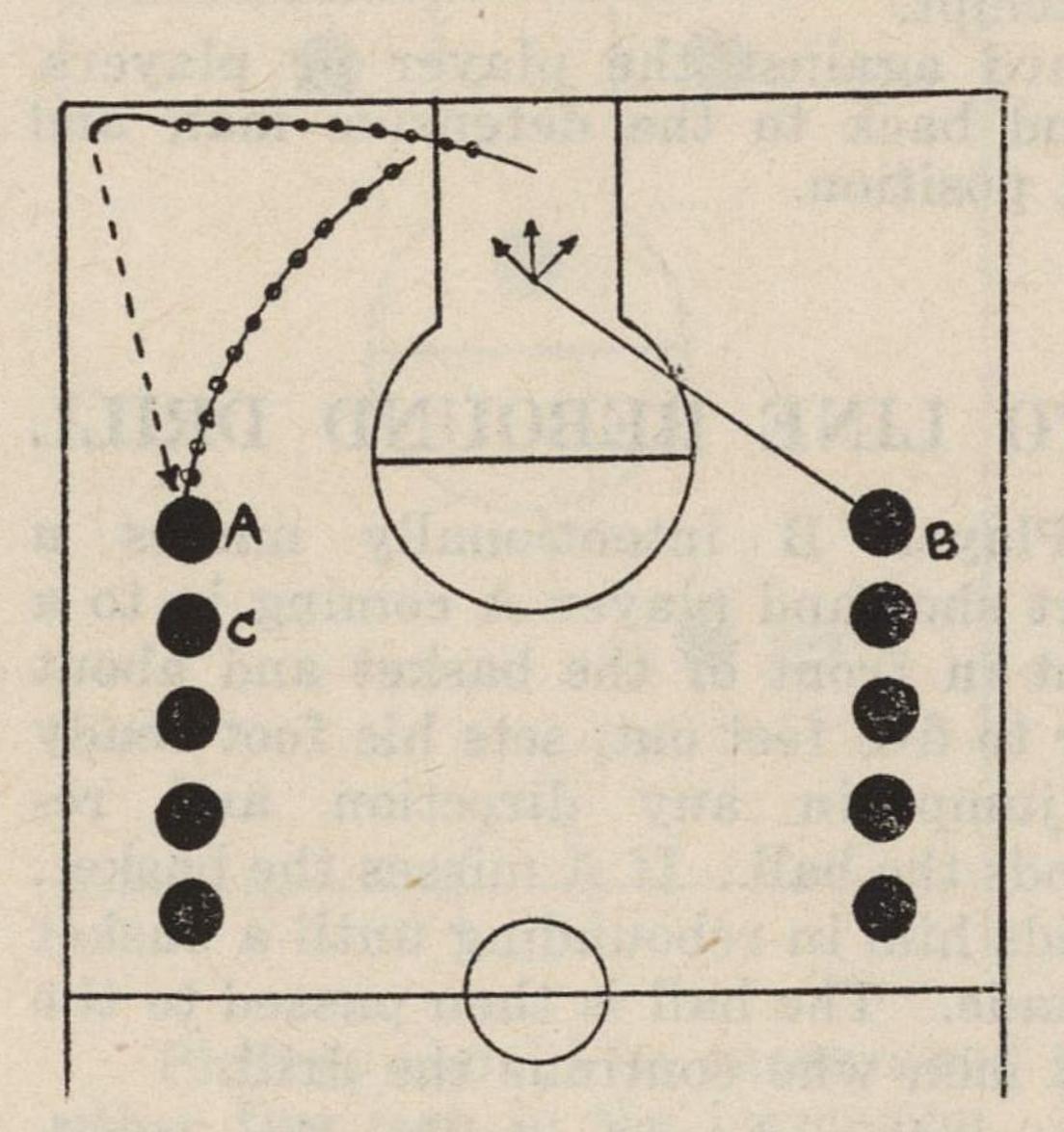
A may continue the passing by feeding B. All three men get in rebound positions and continue until the basket is made. The ball may be passed from man to man but must be kept high in the air at all times.



SINGLE LINE DRIBBLE-IN SHOOTING

This drill begins with a player, B, located under the basket ready to rebound. Player A dribbles in for a short shot, B rebounds the ball and passes to C, then takes his place at the end of the line. Player A after shooting takes the position of the rebounder and returns the ball after C shoots.

This drill moves along rapidly and effectively and is practical where small squads are involved.



TWO LINE DRIBBLE-IN SHOOTING

Player A dribbles in for a short shot; player B comes in to the proper rebounding position in front of the basket, ready to go any direction for the ball, takes the ball off the bankboard and using a jump-hook pass returns it to the next man in the line who continues the drill.

The men feeding in for the shot must wait until the rebounder has completed the jump and turn and has the ball on his hand ready for the pass. His break for the ball must be late and fast if he would develop speed and timing.

The rebounder must obtain the proper position to handle rebounds in any direction. The lines may be established to practice short shots from any angle.