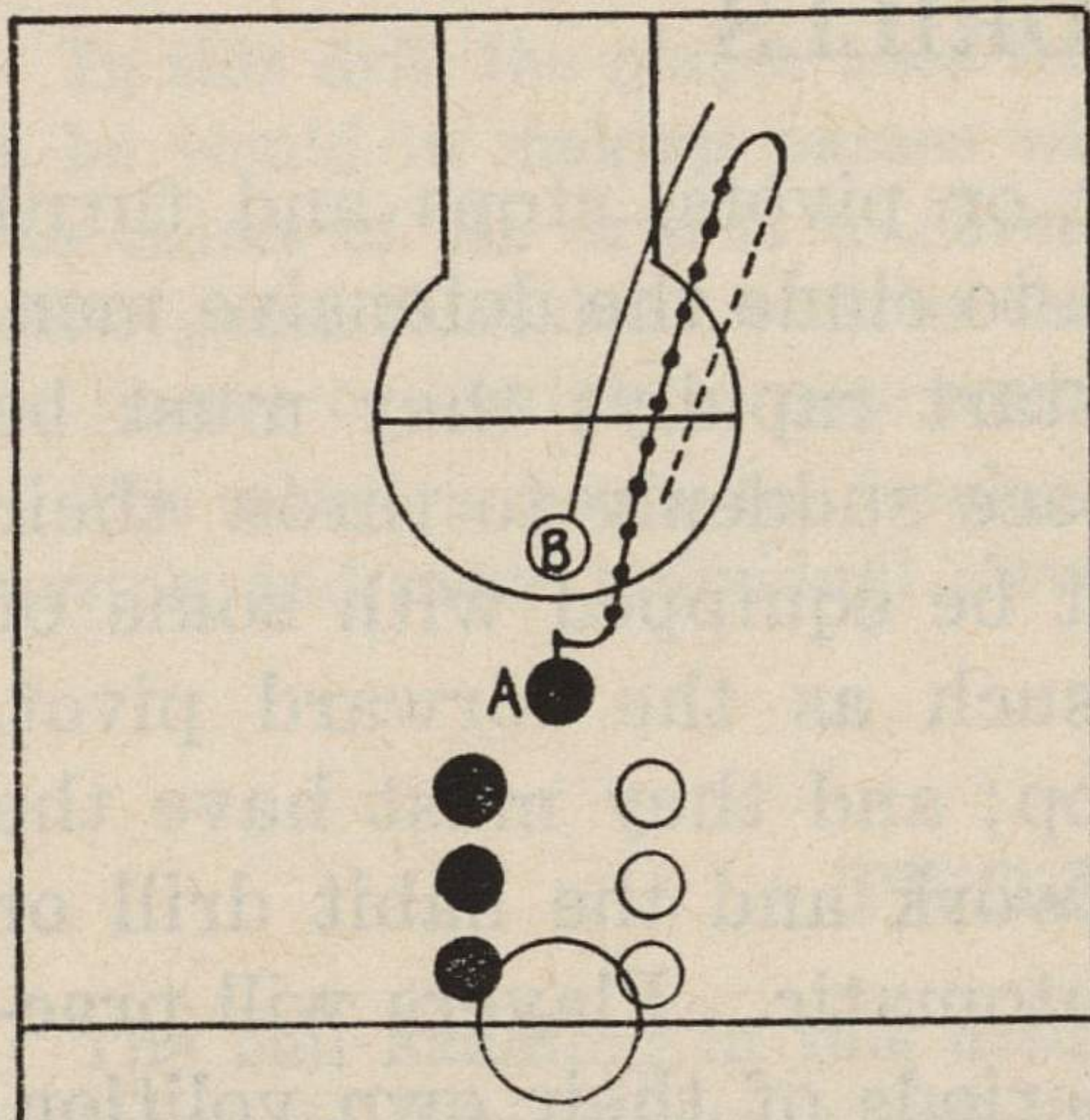


DOUBLE LINE-PIVOT AND RETURN PASS WITH GUARD



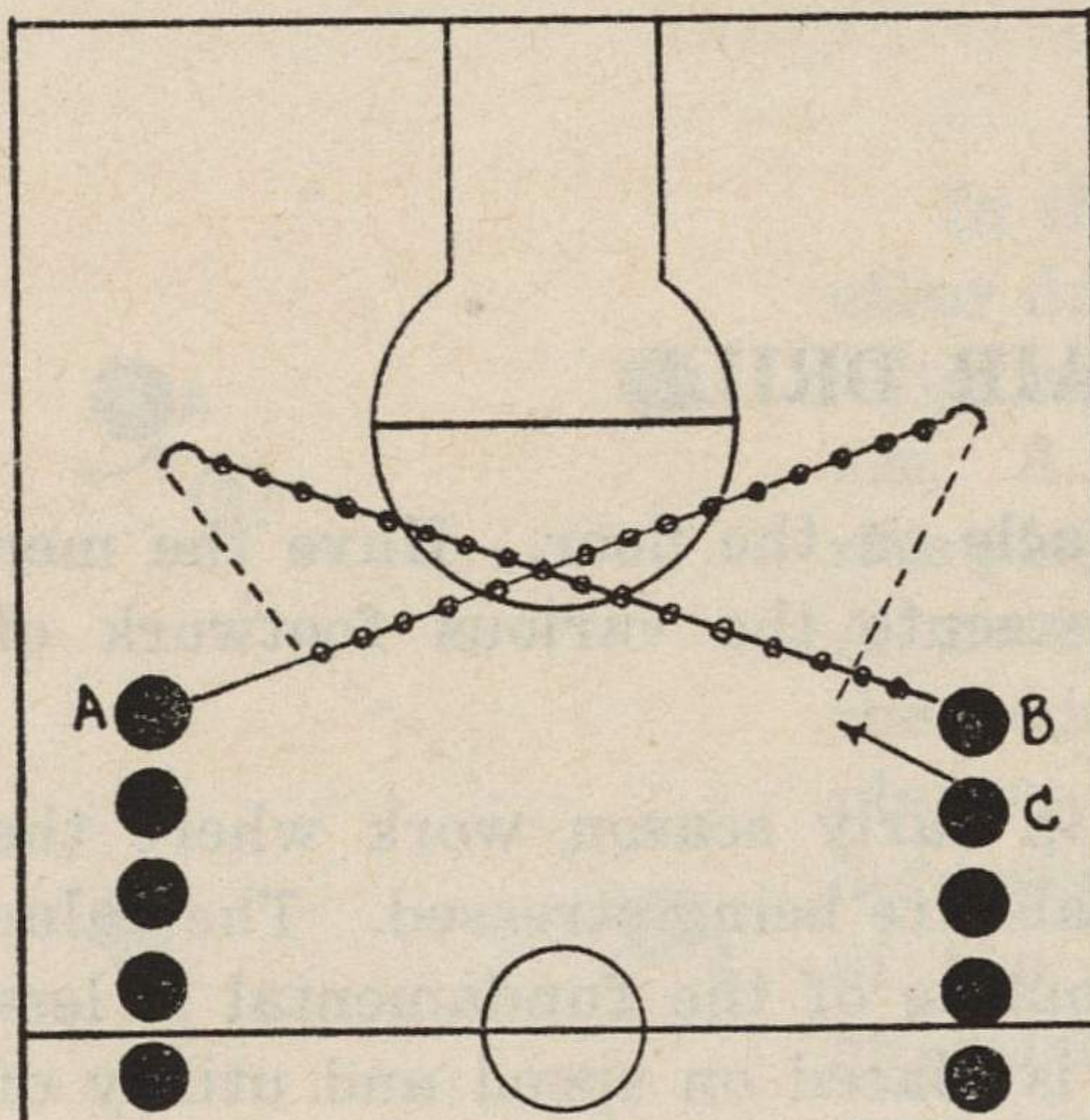
A takes position as shown; B takes his proper defensive position on A. A has the privilege of feinting a shot, then dribbling. B should keep in such a position that he will drive A to the sideline for a pivot. If A is able to drive in for a short basket he should do so; however, the guard has his position and he should drive A to the sideline for a pivot practically every time.

A should be encouraged to use feints, change of pace and change of direction footwork to evade his guard. He should be warned against taking wild shots or against charging into the defensive man.

Stress the fundamentals of all of the footwork of the pivots involved in this drill and stress stopping and turning while traveling at full speed.

The defensive man takes his position at the rear of the offensive line and the offensive man his position at the rear of the defensive line.

DOUBLE LINE-CROSS COURT DRIBBLE AND PIVOT-PASS



A dribbles cross court, uses stop and turn and then passes to B of the other line who has cut for the pass. B dribbles cross court, uses stop and turn and passes to C, who continues the drill.

The men change lines after each dribble, thus getting stop and turn practice from each side of the floor. This also gives them practice in passing from either side as left and right hand passes are involved.

Stress speed in dribbling and accuracy of the footwork and passing. Caution the players against getting too close to the sideline on the pivot.

See that the players cutting for the pass are given a good lead as this increases speed in dribbling, and makes more difficult the footwork and ball-handling, thus approaching game conditions.

CHANGE OF PACE AND DIRECTION DRILL

Defensive player takes his position between the offensive man and the basket. The coach is stationed under the basket with the ball. The offensive man breaks and changing his pace and direction frequently attempts to elude the defensive man and receive a pass from the coach for an under-basket shot.

Rapid stopping, changing the direction, head-bobbing, and shoulder-shrugging, and change of pace are important fundamentals in eluding guards. This drill gives a practice formation that is valuable for both the offensive and the defensive men.