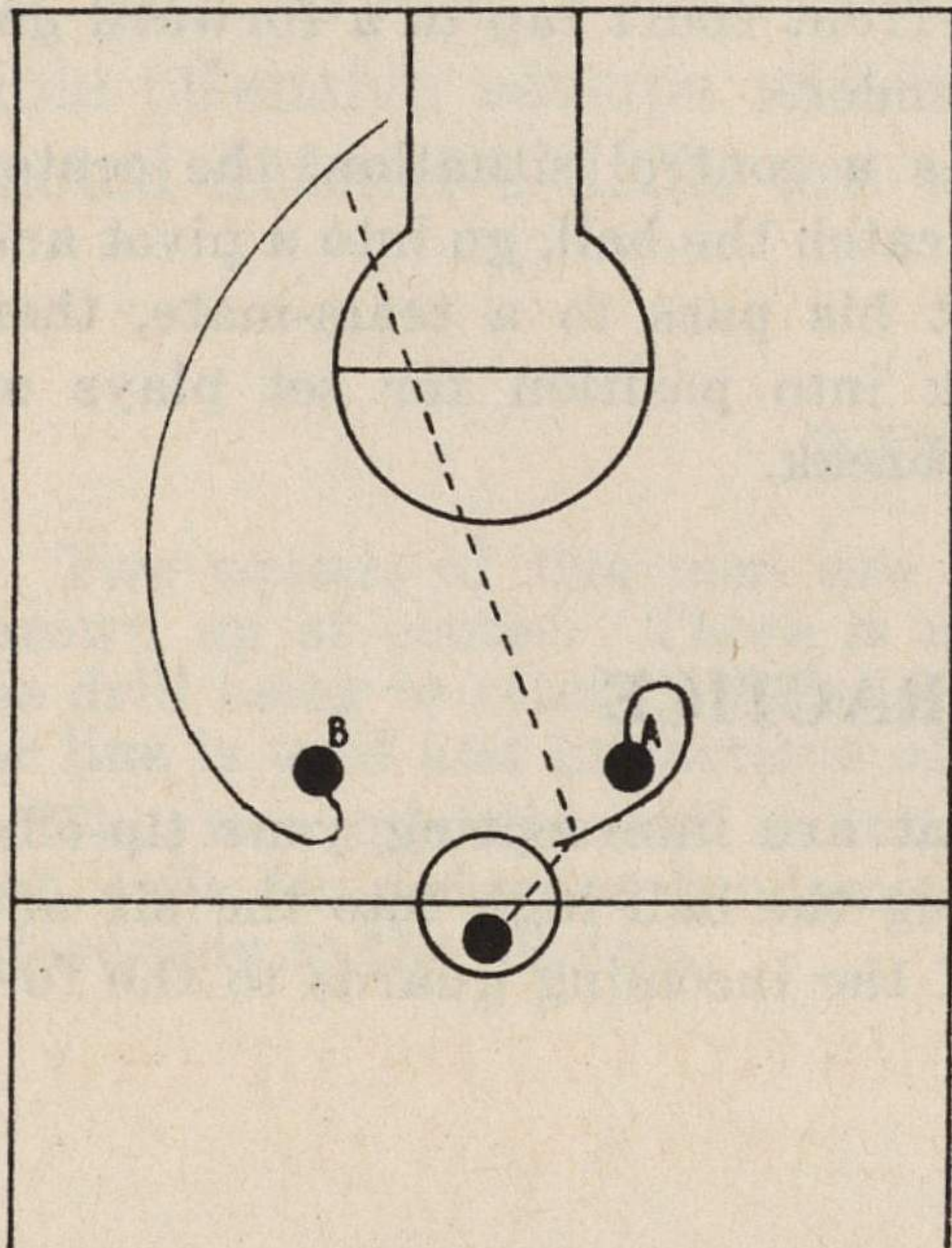


GUARD THROUGH CLOSE TO CENTER

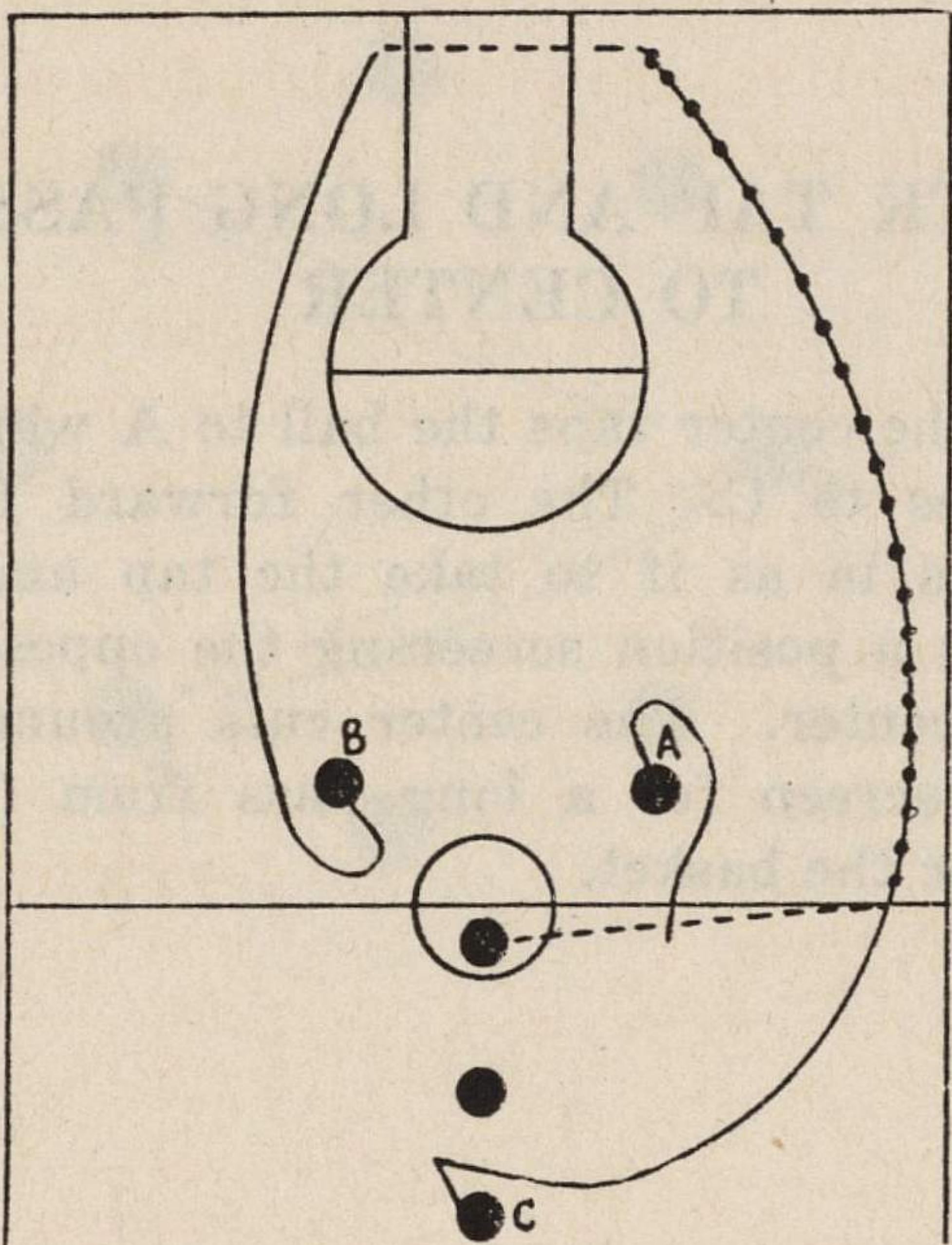
In this drill the guard C has a defensive man assigned to him and must fake to elude him and come through high and take the tip-off either to the right or left of the center.

This drill also stresses position and timing. The forwards fake to come in and spin back and drive under for a pass from the guard.



FORWARD TO FORWARD DRILL

A feints to cut back under the basket and comes in to take tip from center. B feints to come in for the tip and drawing his guard in with him sets his feet and turns back going under the basket. A receives the tip high in the air, turns and passes (while still in the air) to B going under the basket.



FORWARD TO GUARD AROUND DRILL

A feints to cut back under the basket, but comes in high and takes the tip from the center. He catches the ball on his finger tips and passes or taps the ball on wide on the same side to C. C has feinted to go to the other side and then has cut wide. He takes the ball down the sideline on the dribble and if a two-on-one situation is set up will usually pass to B who feigned to come in after the tip and pulled back under.