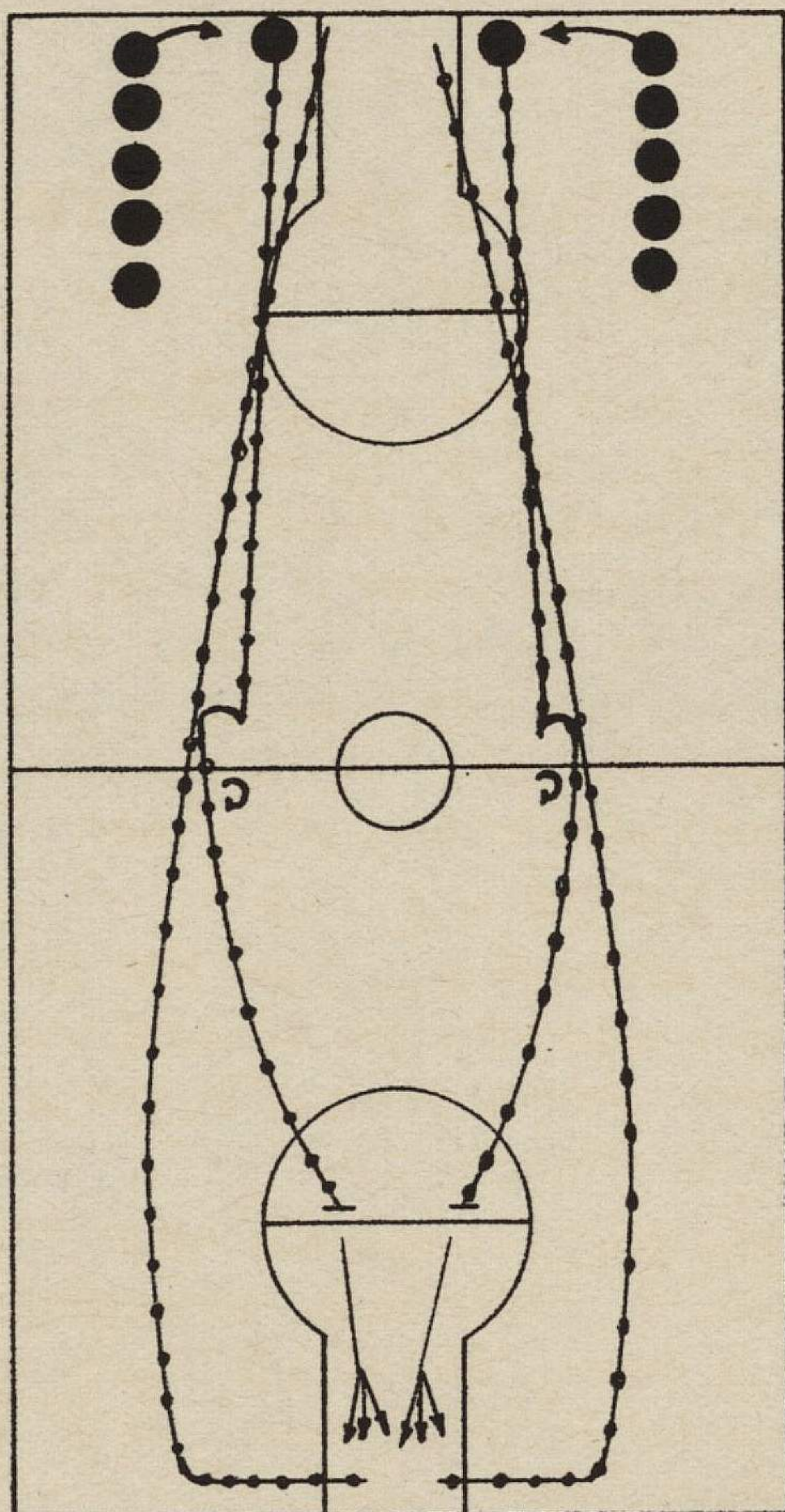


### TEAM DRIBBLE—SHOOT RELAY

Two squads are formed. Each man in each squad must dribble to the opposite basket, shoot and MAKE the basket, dribble to the other end and make a basket. The next man in line recovers the ball after it comes through the basket and continues until all men have taken their turn.

No one can touch the ball during his trial but the dribbler. The team completing the relay first is the winner.



### TEAM VARIATION RACE

In this relay two or more squads are formed and various fundamentals must be made during the course. In the setup shown the players must dribble to the chair, use a reverse pivot, dribble to the foul line, shoot a free throw, rebound the ball, dribble full speed to the other basket, MAKE a short shot, rebound the ball and pass to the next in line.

Where space and facilities permit, a number of fundamentals may be involved by introducing other variations.