

Sunday P.M.

Dearest Dad -

I've been thinking of you all week, altho you probably don't think so & I don't blame you - I have been so tired, ever since I got home - guess having a grand child was too much for me - It won't be long until I'm back there again.

I didn't have as much time as I wished, to talk to you - and I don't believe you realized how serious I was when I said you could help me by being careful of yourself & doing what the doctor says - I can't imagine you an invalid, and I don't believe you realize that that could happen - As you said to me "I don't like to make you feel sad but" - a stroke, could incapacitate you & you'd be mighty sorry you didn't rest an hour or 2 at noon - avoid stairs - avoid any exercise etc - and then live a long interesting & happy life. I want that. I expect to have many happy times with you as the healthy man you now are - So please - don't worry me more by not taking care of yourself.