

To make the teeth as whit as snow

Take dragons blood and rubbe the teeth therewith and dipe the finger in faire water and then put a litle of the powder on it and so rubbe the teeth and wash the mouth with faire water and it will make it looke as whit as snow you must doe it often

For Rume in the head proved To dry
it up and for a cefe reery good: poeton

Take powder of Kosmary powder of bitany powder of Ambros as much of one as of the other and make them into reery fine powder and searce it and then strow it into the head and keep the head warme and so doe till you find good.

Mullen to weare in the shos to bring them downe is reery good you must weare it next the sole of the foot

CE Whay porege good in a feare or
or for children for their break
fast in a morning

Take new milke whay and then take some gre at of melle and beat it very small and put it into the whay and let it boyle till it be well boyled and keep it stirring all the time it is on the fire or else it will Curdell and then you may put in nutmeg and suger and so eat it

wood sorell is very good in a fevor to boyle in posat drink so is posat drink turned with oranges