

to <sup>st</sup> lay it to eight nights making fresh every <sup>other</sup> night

## And other For the Same

Take a peece of leaven as bige as a good bige aple  
creme it in to a posnat put to it a sponnefull of red  
rose water and as much vineger a few dried rose leues  
boyle this to a stife poultice then spread it upon a cl  
oth the bredth of your fore head and all most the leng  
ht and grate it thick one with nutmege and lay it  
to each tempell and one plaister one the fore head thes  
things boyled with 2 or 3 sponnefulls of Aqua vite and  
lay it to the nicke behind is allso very good for the p  
aine of the head if you proue the paine of the head c  
ome of heat which you shall gess by this signes if they  
canot sleepe if ther eyes be apt to be tender if they bee  
hie colored and have a quick pulce use this last  
medison with out aqua vite or with some other colli  
ng things to make them sleepe put to the same med  
icaine The juce of letice womans milck and strow on  
popey seedes brused with nutmege if the caus be co  
uld which you may perceiue by the contrary of the ot  
her then use hot medisons for gidiness of the head  
a drinke Cardus benadictus soden in beare or steped in  
a beare with a litell nutmege & in it often

## For the Megrome

Take a bulls gale as much Aqua composative  
and as much seregreene beat all thes together and  
put it in a glass then put your fore head a gainst