Taly
A

A plaister for the nick against Reume
or for paine in the teeth or for Reume in
the head cut a pece of lether as bige
as the palme of ons hand and spred
it and lay it to the nick and let it
lye one till it fall ofe of it selfe it hath
done many strang cures for Sore eyse
and Reumes and for the paine in the teeth
and hath bene often proved - S^a Br - -

Take 2 pound of stone pitch halfe a pound of
tare one pound of Rosin halfe a pound of fr
ancomcence melt all thes together straine them
then put in one ounce of cloues 4 ounces of olib
anume halfe and ounce of Safrant all redy bea
ten let them boyle together a litell while take it
off stering it till it be Could enough to worke a
nd welt the tabell with Could water and yowr h
ands and so make it in to Rowles spred it one the
Rufe side of lether and pack it full of Roles with
a Knife and lay it to the nick behind between the 2 shoulders
below the great bons of the nick cut it of and ouell fashon
the E Splaister you may plaisters allso behind the ears to draw away
the Reume To make french bread

Take a gallon of flowre and a pottell of new milck a pint is a rufe of new milk
and make it worme then put in to it Salt as yous
hall think fitt and a pint of good ale yest a
nd stere it in the milck that none of the yest=
be Sene then put it in to the flower and haue in
a Redenes a dosen or more of wooden dishes