

Take halfe a pound of the young shoots or top
of bayes but if you cannot have them take the
leaves of bayes take halfe a pound of wormwood
and one pound of saige one pound of hew and
three pound of good muten Sewet shred very small
and the herbs must be beaten all severall and when
en they are beat once over then they must be beat
a gaine and the Sewet must be beaten with the
herbs that you may not see the Sewett at all and
when you have done so take a quart of good
oyle and mixe with it and when you have done
so then let it stand 9 days then boyle it six ho
wers then put in foure ounces of oyle of spike
amongst it then let it boyle 2 houres more and
then straine it out in to gally pots it must be
boyled in a brass pot

Concerne of busse flowers are an exelent cordiall
in fevers

To wash the face to take away
the red spots of the small pox

Take biter almons and lay them in spring
water till they will blanch then stampe them
in a mortar and put to them a litle spring
water to kepe them from drying and beat
them very small and then straine it out