And a proued thing to take away the Raiging paine of the gout in any place in a Short time proued by mrs Smith and mr D and mr Po

Take a Shipe and Kill it as neere the party as may be that a pece of the Skinne wool and all be taken ofe as hott as you can posobell take it ofe then take a pece as bige Just as the place whcare the paine is and clape it to it as hot as you can and bind it are close to the place and pine a cloth aboues it and let it lye ane 24 houers and then take it ofe and put sume thing to the place to keepe it worme for it will draw it a litell .....

To bath the place that is in great paine with the gout with brandy wine is and excelent thing and will not strick the humor up but ondly strengthen the paots and open the pores: proued .....

To Bath with weene and bay salt boyled veery well: together and so bath it as hot as posabele they can: ~~posable~~ in dure it veery often with whit flanell and dip a pece in and kope it a bout the place and bath it often this hath bene proued to doe good but noe harme at all

you may lay yours thinne creame cheses or Slipe Coat cheses in dry cleane cloths and change the cloths euery day or once in 2 days remember to put Sume water in yours Slipe cots you may lay them in grass if you pleas .....