

that it may look like creame and put
it up in a glas bottle and wash the face
with it a nights this was taught by a poti
cary: you must put spring water amongst it
to make it look like creame

A good thing to wash the face with
at any time ~~ordinarily~~ & f

Take bitar almons and blanch them an
beat them very fine putting a litle sack
some times to them and then straine it wi
th a litle more sack that it may looke like
allmond milck and then wash the face with
it

And other wash for the face

Take sack and new milck and wash the
face with it nights and mornings - & c.

To make orange chips & f

Take your oreng pells and lay them a
water til all the biternes is out and
change the water often then boyle them
in a linen bag til they be very tender
then take them and let the water doene
cleane from them then take suger and wet
it with faire water and boyle it all most