

in this is very good or nip boyled a lorne by
it selfe is excellent good

A medison to break a sore breast
or any sore in a short time

Take great karsons stoned and all and put them
in a chafin with out any thing and set them on the
fire and seeth them till they will swell then put them
in a mortar and put thereto the crums of leavened
bread and beat them small then put them in
a chafin againe with some new milke and set it on
the fire and put thereto a peece of butter some doos
breace and a litle safrant then let it boyle till
it be thick then spread it upon a cloth as bige as
the sore is and wheare you thinke it will breake
lay a litle powder of safrant as broad as a three
pence and lay it hot upon the sore this will breake it
in a day or to at the most

For the twisting and kneting of the guts
proved by Mr Sanders: took him by Mr Willcock

Take a brest of mutton doe not wash it and rost it
at the fire and savee the fat of it that drops from it
but bast it not at all and then drinke up the fat of it
proved to doe good

For the Bludy fluxe proved A B

Take the froth when you charne that comes up ^{at} the toppe
of your Charne and eat of it and it will cure the
bludy fluxe proved