

and a gaime at night going to bed the use
if it take if it like it let it drinke of it till it be
done: put a handfull of ribworth in to the diet
drink amongst the rest of the herbs

The oyntment for the Rickets which
is to be used with the diet drinke CM
a bove Liten approved things G

Take a handfull of fetterfew and a handfull of
plantain a handfull of yarrow and a handfull
of liverworth and put in a blade or too of mace
shred the herbs all small and put them in to
a pound of fresh may butas and let it boyle till
you think the strenght be all out and then stra-
ine it out and put it in a pot and stoppe it close
and when you use any of it worme it and anoynt
to the child downe the back bone to the shetling of
the hips and stroke it still downwards and bat-
h it well in against the fire and anoynt the ribs
and the stomack and the hames and knees and
ankles and the Ristes and bath it very well in in
every place and take care they take not cold in
the doing of it doe it a nights

For rising a head or a krupture or CM
for the wind and to strenghten the G
parts proved