

scraped eldern kindles heated betwene 2 tiles
and sprinkle it with a quite lay it to very hott but
that must not be laid to the mould of the hande but to
the mould of the neck nor when you use any of thes you
must not draw the hume upward with any thinge but
use all putting back things as hearbs to the kestes acor
ding as your humors are hot or cold to take concerne
of koses with pouders of mastick when you goe to bed is ve
ry good

For The Black and yelow Fanders

Take sulendine and fethefew of each a good quantity
and still them with a quarte and rose water and let
it stand in the sunne 3 or 4 days then drink of it 3 or
4 dayes mornings and nights with suger all so strahry
leaves and roots and all boyled in whit wine is very go
od for the Fanders beinge drunke

The Suerope of the fire opening kots

Take the roots of knee holme, smallege alexsanders
fenell asparagras or parsly wash them cleane a
nd take out the pith take of each a like quantity an
d boyle them in faire kuning water from a potell to a
quart and straine it and to every pint of lickor put
a pound of suger and boyle it to a Suerope

A water for the liver and burning fevore

Take harts funge liver worth maiden haire still
them together and use to drinke of the water which
will purge and purefie your liver and quench the
burning of and Agew

For A Sore