

Take a pottell or 3 pints of smiths water of the strong-
est put into it a great handfull of lead saige a g-
reat handfull of sulendine a great handfull of hu-
ney sock flowers or the leaues if you can get the fl-
owers and a great handfull of hearbe grace boyle the
herbs in the smiths water till halfe be consumed
then put in as much allome as will make it fast
a litle of the allome upon your tounge then boyle
it a while a gaine then put in as much honey
honey as will sweeten it a litle and let it boyl-
le a litle after then straine it cleane and kepe
it all the yeare when you wold use it worme
it and wash the place and lay on a cloth dypt
in the water upon the sore laying one first a hea-
linge salve on the sore this water is good for aney
kind of sores

A fomentacion for a wound

Take the leaues of mallows marcrey balme and eld-
er each 2 handfulls flowre of camamile and melitt
of each a handfull uilet leaues kosmary and saury
each a handfull fenecrick and linseed each an
ounce comen seed and bay berseys each 3 drams boyle
all thes being shread small and bruse it in 3 quarts
or more of new milke and water neere halfe be cons-
umed then straine it out and foment ether with
a sponge or with cotten

To Make a good Lead Salve