

or 6 dayes together and put past for feare
sinews stretch keepe this for a speciall oymment

For and Andicume

Take hemlock gathered in the heat of the day and
bruse it and lay it cold to the andicume and
it will drive it away and neuer break

To drive away and Andicume
when it first cometh

Take a pece of allome and beat it in to powder
and temper it with ordnery sope and lay it on
the andicume and dress it twice a day

A Gouverne seare cloth for and ache
bruse or cut or sore or to take away
and age in a womans brest or else wher

Take halfe a pint of sallet oyle put it in to a
posnat and set it upon the fire till it be very hot
and beginne to looke browne then put therein as it
standeth a quarter of a pound of red lead made
very small the lead must be shaken lightly from
a trencher that it may fall in very thinn and
other must sture the oyle with a flat stick the whilst
so fast as he can so let it boyle a litle then take
the posnat from the fire and dippe the end of a linen
cloth therein it must be thick but not cors if it
stick upon the cloth some what thick then it is
boyled and use and then put in all the rest of the
cloth whilst it is hot then take them out with a stick
and hold them till they be cold then