

Take liverworth suckrey endeefe egremony and dandelione
femetary and french barley of each and handfull lickrish bru
sed and ounce and any seeds halfe and ounce boyle them all in
6 pints of water to 3 pints straine it and put to it a pound
of suger and boyle it to a quart and drink of it morning a
nd evening a dosen spoonfulls worne it every time

A very good poultes For any blow or straine

Take camamile flours 2 handfulls daysey leaves one handfull mall
ows 2 handfull Ribwort aucence ^{one} worth of each one handfull boyle a
ll together in milke til the hearbs be very tender then put away the mi
lk stampe the hearbs and boyle them in creame with as much otmed
flowre as will ^{very} looke gray putting in to it a good quantity of deers s
ewett let it boyle so a quarter of an houre or more

Oyle of Camamile Comfortable to the Sinews
good for the head ache or any other ache or dropsey

Take a pint of sallet oyle halfe a pound of camamile stampe it
and boyle it in the oyle till it waxe browne then take out
the hearbs straine it in to the oyle and put in more camamile
with 2 handfulls of the flowers of it let them boyle 2 hours
very softly and then let it stand removed from the fire a
weeke or forth night put in to it at the first boyling 5 or 6 sp
oonfulls of aquivite

A Singler Oyntment for the palsey

Take a foxe flav him take out his guts kid them put the
fat in to his belley then shred him small and put him in to a
potell of sallet oyle let it boyle halfe a day softly so as it
seetheth not over then take it from the fire and let it stand
2 dayes then boyle it one houre more straine it and anoynt
the palsey twice a day with it if it be in the head anoynt
the hinder part of the neck if in the arme or lege anoynt
all that part

To make oyle of pompillion good for any heat or
swelling tis ked or to anoynt about a wound that is ked or
for any inflammation