

Salve I have done great cures with it my se
fe with this oyntment and Salve and with the
black sease cloath: the wax must be melted before
the herbs be put in and keepe it in leather this is
and approved Salve and oyntment: -----

wd A good Glisten for the gout or
to take at any other time

Take mallows marcrey pelletary of the walle
Camamile flows or Camamile of each a han
dfull or too or of as many of them as can bee
had anyseeds sweet fenell seeds of each a spoon
full and boyle in a quart of cleare posat drink
till halfe be consumed then straine it take all
this decocione 2 spoonfulls of browne suger an
d a pece of butar and so let it be taken glisten
wise and when it works take some mace beare

To powder up porke to keep all
ES the yeare A very good way

The porkers which you intend to pickell up you must
cut out a chine downe the back and the leges and
hands which some call the springes of porke those
wee never pickell up with the other: for they will not
keepe so well but all the ribs and the short loynes
wee pickell up cut in to peces as you think fitt for yo
ur boyling and with halfe whit salt and halfe Bay