

and of any seeds raisons of the sune a quarter of a pou
nd stoned boyle all thes together from a gallon to a po
tell drinke of this early and late and some times use
Almond milke

A Dil

Take alose a quarter of an ounce of mace a
drame of safrant halfe a drame of beat them all
to powder and make them up with surope of ~~turn~~
~~ups~~ bugles

A gentell purge for and A gew

Take of diacatholicon 6 drams surope of damask
roses one ounce and a halfe put to them 3 sponesfulls
of posat alle make it bloud worme let him take it
about 6 of the clock in the morning when it hath
koth once or twice take some thinn broth if you be
apt to worke take at once but the one halfe and the
other halfe the next morning if the halfe worke not
well as about and howere after you have taken it
take the other halfe

A purgacion that one may take euery
morning and it will neather make one
sick nor trouble one it may be taken at
any time proued

Take a drame of kuberbe which is the waith of a french
Crownne grat it and take of Curance a pound