

Take neats foot oyle a pint a polocks gall wormwood
bay leaves & other wood of each two handfulls stampe
therm and boyle them one houre and let them stand all
night then let them boyle halfe an houre then straine
it worne the oylment and anoynt the ache

To make oyle of Turpentine which is good
for a bruse or and ache or a Crib Laying
Lint web therm to the place

Take a pound of fine turpentine lay a paper one
the botom of the still so as it may goe round about
the still then put in the turpentine still it with a soft
fire and that which lyeth in the botome after all
the oyle is out is called Collyfound and it is good to
put in to plaisters and to make pills for the Rening of
the Rening of the Raines

Oyle of Snails good for the crick
in ons backe and for aches

Gather black snails about midsomer slit them
in the belly longwise take out the garbege then wipe
them cleane with a cloth and then still them worne
the oyle a litell and anoynt the back

For the tooth ache

Dry Rosmary to powder mingle it with pepper and be
mper it with honey put it in a clout and lay it to
the out side of the aking tooth if your tooth be so
low put some of it in to it or use burnt allome and
peper in the like sort