

as you doe your concombres or as you doe your
sampos I beleve will doe well but the greener
they looke the better but the topes of the did w
ith the seeds must be put in to them some hold
that the boyling of the pickled makes things looke
greener and keeps best

An excellent Recait for the Stone
taught by a Jew to a gentleman ES
who gave it to Sr John wilams

Still beasbe grace twice thorow a could still
and keepe the water and drinke three sponfulls
of it every morning with a litle suger for 3
mornings next befor the full of the moon and
fast one houre after it and observe and observe
this custome constantly this Sr John Williams
drank and found great good in it
sweeten the water with suger canney it is the better then suger

An excellent Remedy for a Rupture ES

Take 4 peny worth of Sauguis dragoris which is
dragons blood and 4 peny worth of olibanum
beat them in to fine powder and mingel them
together and put ~~them in to~~ to them 3 sponfulls
of fine wheat flowre mixe them together and put
them in to a pint of whit wine and let the party
drink 2 sponfulls at a time of it twice a day =
morning and evening before you poure it out